

## MedBridge LA PT/PTA 2021 Pending Courses

**Note: In order to receive credit, you must complete the course after approval has been received.**

Title	Instructor
Pediatric Pelvic Floor Rehabilitation: Terminology, Conditions, & Diagnoses	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Pediatric Pelvic Floor Rehabilitation: Biofeedback	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Pediatric Pelvic Floor Rehabilitation: Investigative Tools	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Pediatric Pelvic Floor Rehabilitation: Bowel and Bladder Function	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Hospice and Palliative Care: Being With Loss	Rich Briggs, PT, MA
Bike Hab: Exercises for Biking	Jay Dicharry, MPT, SCS
Foundations of Blood Flow Restriction Training	Ed Le Cara, DC, PhD, MBA, ATC, CSCS
Clinical Bike Fit Case Studies	Jay Dicharry, MPT, SCS
Ethics for Rehabilitation Professionals (PT-2020)	Ron Scott, PT, JD, EdD
Acute Care Physical Therapy: When to Stop, Start, Do More, or Do Less	Joe Adler, PT, DPT, CCS
Professionalism in Practice: Examining Common Ethical Challenges	Ellen Strunk, PT, MS, GCS, CEEAA, CHC
A Primer on Exercise and Treatment Prescription	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Person and Team Interventions to Address Burnout in Health Care Professionals	Erika del Pozo, MOT, OTR/L
Pediatric Pelvic Floor Rehabilitation: Enuresis	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Evidence-Based Treatment of the SIJ/Pelvis	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Evidence-Based Examination of the Knee and Thigh: An Update	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Palliative & Hospice Care: Late to End Stage Neurodegenerative Disease	Karen Mueller, PT, DPT, PhD
A Primer on Examination and Treatment Metrics	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
The Movement System: Assessment and Treatment of Low Back Pain	Jared Vagy PT, DPT, OCS, CSCS
Treatment of the Patient with Knee Osteoarthritis	Gail Deyle, PT DSC DPT OCS FAAOMPT
Hospice and Palliative Care: Transitions from Rehab to End of Life	Rich Briggs, PT, MA
Hospice and Palliative Care: Conversations at the Bedside	Rich Briggs, PT, MA
Evidence-Based Examination of the SIJ/Pelvis	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Management of the Shoulder: Case-Based Vignettes	Eric Hegedus, PT, DPT, PhD, MHSc, OCS

## MedBridge LA PT/PTA 2021 Pending Courses

Title	Instructor
Foot and Ankle Examination and Treatment: Cases to Synthesize Learning	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Augmenting Bone Healing Using Blood Flow Restriction Training	Ed Le Cara, DC, PhD, MBA, ATC, CSCS
What's Up With Falling Down?	Rich Briggs, PT, MA
Proposed Mechanisms of Blood Flow Restriction Training	Ed Le Cara, DC, PhD, MBA, ATC, CSCS
Hospice and Palliative Care in the Health Care Continuum	Jennifer Kennedy, EdD, MA, BSN, RN, CHC
Evidence-Based Treatment of the Foot and Ankle: An Update	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Defensible Documentation in Home Health: Patient-Centered Care	Diana 'Dee' Kornetti, PT, MA, HCS-D, HCS-C
Burnout in Health Care: Causes, Impact, and Solutions	Erika del Pozo, MOT, OTR/L
Evidence-Based Assessment of Acute Whiplash for Prognosis and Treatment Planning	James Elliott, PT, PhD & David Walton, PT, PhD, FCAMPT
Team and Organizational Interventions for Burnout in Health Care	Erika del Pozo, MOT, OTR/L
Manual Therapy Techniques to Address Stiffness at the Elbow	Ann Porretto-Loehrke, PT, DPT, CHT, COMT, CMTPT
Spaced Retrieval: An Evidence-Based Memory Intervention	Jennifer Brush, MA, CCC/SLP
Hip Examination and Treatment: Cases to Synthesize Learning	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Evidence-Based Treatment of the Shoulder: An Update	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Evidence-Based Treatment of the Hip: An Update	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Evidence-Based Examination of the Elbow, Wrist, and Hand: An Update	Chad Cook
Thoracic Spine Examination and Treatment: Cases to Synthesize Learning	Chad Cook
Management of the Knee and Thigh: Case-Based Vignettes	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Hospice and Palliative Care: A Primer	Rich Briggs, PT, MA
Activities of Daily Living Boot Camp: Eating and Drinking	Carrie Ciro, PhD, OTR/L, FAOTA
Evidence-Based Treatment of the Knee and Thigh: An Update	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Evidence-Based Examination of the Shoulder: An Update	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Pediatric Hip Disorders	Cheryl Sparks, PT, PhD, OCS, FAAOMPT
Elbow, Wrist, and Hand Examination and Treatment: Cases to Synthesize Learning	Chad Cook
Pediatric Pelvic Floor Rehabilitation: Evaluation and Treatment of Common Conditions	Dawn Sandalcidi, PT, RCMT, BCB-PMD
Special Tests of the Knee	Eric Hegedus, PT, DPT, PhD, MHSc, OCS

## MedBridge LA PT/PTA 2021 Pending Courses

Title	Instructor
The Movement System: Practical Swimming Biomechanics and Treatment	Jared Vagy PT, DPT, OCS, CSCS
Plantar Fasciosis and Graston Technique: Evidence-Based Treatment	Mike Ploski, PT, ATC, OCS, GTS; Jacqueline Shakar, DPT, MS, PT, OCS, LAT
Pediatric Pelvic Floor Rehabilitation: Psychological Considerations, Dysfunctional Voiding and Constipation	Dawn Sandalci, PT, RCMT, BCB-PMD
Chemotherapy and Its Impact on Function	Nicole Stout, DPT, CLT-LANA, FAPTA
Evidence-Based Examination of the Hip: An Update	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Activities of Daily Living Bootcamp: Dressing	Carrie Ciro, PhD, OTR/L, FAOTA
Evidence-Based Treatment of the Elbow, Wrist, and Hand: An Update	Chad Cook
Pediatric Pelvic Floor Rehabilitation: Case Studies	Dawn Sandalci, PT, RCMT, BCB-PMD
Palliative Care & Hospice Spectrum: Opportunities to Transform Care	Karen Mueller, PT, DPT, PhD
The Athlete Movement System: Upper Quarter (Recorded Webinar)	Jared Vagy PT, DPT, OCS, CSCS
Extensor Tendon Rehabilitation Update: Zones I-II	Jeanine Beasley, EdD, OTR, CHT, FAOTA
TheraBand Kinesiology Tape: Basic Applications of the Upper Quarter	Phil Page, PhD, PT, ATC, CSCS, FACSM, LAT
Crucial Factors Influencing Health & Recovery in Musculoskeletal Care	Chad Cook
Treatment of Orthopedic Edemas: Physiologic Principles and Evidence-Based Techniques (Recorded Webinar)	Linda T. Miller, PT, DPT, CLT
Clinically Relevant Meniscus Pathology: Evaluation and Treatment	Dan Rhon PT, DPT, DSc, OCS, FAAOMPT.
The Athlete Movement System: Lower Quarter (Recorded Webinar)	Jared Vagy, PT, DPT, OCS, CSCS
Parent Child Interaction: Why Intervention Must Start Early	Stacey Dusing, PT, PhD
Sleep as a Component of Holistic Health	Dan Rhon, PT, DPT, DSc, OCS, FAAOMPT
Special Tests of the Shoulder	Eric Hegedus, PT, DPT, PhD, MHSc, OCS
Evidence-Based Treatment of the Knee and Thigh	Eric Hegedus, PT, DPT, MHSc, OCS, CSCS
Evidence-Based Treatment of the Thoracic Spine: An Update	Chad Cook
A Clinical Guide to Enhance Learning in People with Alzheimer's Disease (PwAD) (Recorded Webinar)	Carrie Ciro, PhD, OTR/L, FAOTA
Activities of Daily Living Bootcamp: Grooming	Carrie Ciro, PhD, OTR/L, FAOTA

## MedBridge LA PT/PTA 2021 Pending Courses

Title	Instructor
Death and Dying: Attitudes, Causes, Process, & Measures	Karen Mueller, PT, DPT, PhD
Extensor Tendon Rehabilitation Update: Zones V-VI	Jeanine Beasley, EdD, OTR, CHT, FAOTA
Spina Bifida Examination & Intervention Strategies: Infants & Toddlers	David Chapman, PT, PhD
Evidence-Based Examination of the Foot and Ankle: An Update	Alexis Wright, PT, PhD, DPT, OCS, FAAOMPT
Efficient Implementation of Weight Charts to Determine Hydration Changes Across Sport Settings (Recorded Webinar)	Susan Yeargin, PhD, ATC
Early Motor Development in Down Syndrome: Part 1	Kathy Martin, PT, DHSc
Aquatic Pilates for Rehabilitation and Athletic Training	Kimberly Gordon, MPT
Care of Wound Complications in Home Care	Carrie Adkins, RN, BSN, CWOCN
Interventions for Aging Gait: Understanding Cognition & Frailty	Julie Ries, PhD., M.A., P.T., G.C.S.
Indications for Musculoskeletal Imaging	Robert Boyles, PT, DSc, OCS, FAAOMPT
The Athlete Movement System: Tennis Biomechanics and Treatment	Jared Vagy PT, DPT, OCS, CSCS
Lumbar Spine Examination and Treatment: Cases to Synthesize Learning	Chad Cook
Getting a Grip on Upper Extremity Spasticity Assessment and Management	Stephen Page, Ph.D., MS, MOT, OTR/L, FAHA, FACRM
Post Surgical Management Part 3: Lower Extremity Surgical Interventions	Haideh V Plock, PT, DPT, OCS, FAAOMPT, ATC
Assessment of Muscle Impairments Related to Knee Disorders	Dan Rhon PT, DPT, DSc, OCS, FAAOMPT.
Overview of Dementia: Alzheimer's, Vascular, Lewy Body, Frontotemporal	Teepa Snow MS, OTR/L, FAOTA
Aquatic Therapy for the Pregnant Client	Kimberly Gordon, MPT
Post Surgical Management Part 2: Upper Extremity Surgical Interventions	Haideh V Plock, PT, DPT, OCS, FAAOMPT, ATC
Evidence-Based Examination of the Thoracic Spine: An Update	Chad Cook
Hormonal Adjuvant Therapy and Its Impact on Function	Nicole Stout, DPT, CLT-LANA, FAPTA
Dementia Care: Using the GEMS States Model for Personal Care Tasks	Teepa Snow MS, OTR/L, FAOTA
Rehabilitation for Motor Complete Spinal Cord Injury	Candy Tefertiller PT, DPT, NCS
Extensor Tendon Rehabilitation Update: Zones III-IV	Jeanine Beasley, EdD, OTR, CHT, FAOTA

## MedBridge LA PT/PTA 2021 Pending Courses

Title	Instructor
Evidence-Based Examination of the Lumbar Spine: An Update	Chad Cook
Dementia Care: Communicating When Someone Has Dementia	Teepa Snow MS, OTR/L, FAOTA
An Introduction to Evidence-Based Treatment of Whiplash	James Elliott, PT, PhD & David Walton, PT, PhD, FCAMPT
Shoulder Fractures, Little League Shoulder, and Sprengel Deformity	Lenny Macrina, MSPT, SCS, CSCS
Dementia Care: Offering Engagement for People Living With Dementia	Teepa Snow MS, OTR/L, FAOTA
Ballet Technique: Vocabulary, Mechanics, Stressors, & Modifications	Shaw Bronner, PT, PhD, OCS
Evidence-Based Treatment of the Cervical Spine: An Update	Chad Cook
Evidence-Based Treatment of the Lumbar Spine: An Update	Chad Cook
Maximize Functional Recovery Across the Continuum: Acute & Chronic Stroke (Recorded Webinar)	Mike Studer, PT, MHS, NCS, CEEAA, CWT, CSST
Cervical Spine Examination and Treatment: Cases to Synthesize Learning	Chad Cook
Understanding Prolapse	Michelle Lyons, PT, MISCP
Evidence-Based Examination of the Cervical Spine: An Update	Chad Cook
Seating and Positioning for the Geriatric Client	Andrea E. Ecsedy PT, DPT, NCS
Spasticity Management: Clinical Applications	Andrea E. Ecsedy PT, DPT, NCS
Evaluation and Diagnostic Classification of TMD	Anne Harrison, PT, PhD
Treatment of Temporomandibular Disorders and Headache	Anne Harrison, PT, PhD
Child Abuse: Detection and Reporting for Pennsylvania (2019)	James D. Anderst, MD, MSCJ
The Athlete Movement System: Speed, Power, and Agility	Jared Vagy PT, DPT, OCS, CSCS
Identification and Evaluation of Thoracic Outlet Syndrome	Ann Porretto-Loehrke, PT, DPT, CHT, COMT
Troubleshooting Difficult Cases in Joint Arthroplasty	John O'Halloran, PT, DPT, OCS
Knee Arthroplasty: Increasing Range of Motion - An Update	John O'Halloran, PT, DPT, OCS